

Exam Preparations

- Mammography** Exam screening time 15-30 minutes. Diagnostic exam time 1 hour, and may require ultrasound. No deodorant, powders or perfumes. For patient comfort only, no caffeine for 72 hours.
- CT Scan*** Time 30-60 minutes. Weight limit 350lbs.
 - Extremities, spine, abdomen and pelvis without contrast require no prep.
 - All other CT Scans - patient must have nothing by mouth 4 hours before exam. Sips of water and necessary medicine are ok.
- DEXA** Exam time 30 minutes. No prep necessary.
- IVP*** Exam time 1-2 hours. Nothing to eat or drink four hours prior to the exam.
- Ultrasound** Exam time 30 - 60 minutes.
 - Obstetrical First trimester only - Drink 32oz. of liquid and finish drinking 1 hour before exam. Do not urinate until the exam is complete.
 - Pelvic -Drink 32oz. of liquid and finish drinking 1 hour before exam. Do not urinate until the exam is complete.
 - Abdomen -(Gallbladder, Pancreas, Aorta) - Eat a fat free dinner the evening before the exam. Only water after midnight.
 - Neck, chest, breast, extremities and vascular require no prep.
- MRI (3T or Open)*** Exam time 20-60 minutes. Weight limit for 3T is 550 lbs and 400 lbs for Open. There are a few safety issues related to the magnetic field with certain patients. Please complete the following checklist with the patient prior to scheduling. If any of the answers are yes, bring these to the attention of the scheduler upon calling.
SAFETY QUESTIONAIRE
YES NO
 - Does the patient have a pacemaker? (Patients with pacemakers may not be scanned)
 - Has the patient ever received an injury to the eye or body involving metal fragments? If yes have they had an MRI since initial injury? _____
 - Has the patient ever had any type of surgery? Type _____
 - Does the patient have an implant, prosthesis, stents or orthopedic hardware? Type _____
 - Is the patient claustrophobic? Weight _____ pounds Height _____
 - Does the patient have a history of renal failure, diabetes, or high blood pressure?

* CONSULT YOUR DOCTOR IF YOU ARE RECEIVING CONTRAST AND HAVE KIDNEY FAILURE OR RENAL INSUFFICIENCY

DIRECTIONS:

Diagnostic Radiology Associates
Turnpike Office Park, Lower Level
1579 Straits Turnpike, Middlebury, CT 06762

FROM THE WEST

I-84 East: Exit 17 (Middlebury/Naugatuck) At end of exit ramp, turn Left (Route 63 North). Travel 1.2 miles then turn Left (Turnpike Office Park.) Enter building through glass archway. Take elevator to the Lower Level.

FROM THE EAST

I-84 West: Exit 17 (Middlebury/Naugatuck) Exit 17. At the first light, turn Right (Route 63 North). Travel 0.7 miles and turn Left (Turnpike Office Park). Enter building through glass archway. Take elevator to Level.

FROM THE SOUTH

Route 8 North. Merge onto I-84 West (Exit 33). Take I-84 West to Exit 17 (Middlebury/Naugatuck). At the first light, turn Right (Route 63 North) Travel 0.7 miles and turn Left (Turnpike Office Park). Enter building through glass archway. Take elevator to the Lower Level.

FROM THE NORTH

Route 8 South: Merge onto I-84 West (Exit 33). Take I-84 West to Exit 17 (Middlebury/Naugatuck). At the first light, turn Right (Route 63 North) Travel 0.7 miles and turn Left (Turnpike Office Park). Enter building through glass archway. Take elevator to the Lower Level.

Diagnostic Radiology Associates & Imaging Partners of Waterbury Hospital
134 Grandview Ave, Ste 101 & 103, Waterbury, CT 06708

FROM THE WEST

I-84 East. Exit 18 (Chase Parkway). At end of exit ramp, turn Right. Go to next light, turn Right. Turn Right at next light on to (West Main St.) Take the fourth Left (Grandview Ave.). The Medical Arts Building is on your Right.

FROM THE EAST

I-84 West. Exit 18 (Highland Ave./West Main St.). Bear Left on exit (West Main St.). At light, turn Right (West Main St.) Take the Third Left (Grandview Ave.). The Medical Arts Building is on your Right.

FROM THE SOUTH

Route 8 North. Exit 32. Continue on (Riverside St.). Turn Left under Route 8 (West Main St.) Continue up West Main St. and turn Right (Grandview Ave.). The Medical Arts Building is on your Right.

FROM THE NORTH

Route 8 South. Exit 34. Turn Right (West Main St.). Turn Right (Grandview Ave.). The Medical Arts Building is on your Right.

Open MRI 690 Main Street South, Suite 7LL • Southbury, CT 06488

FROM THE WEST

Take I-84 East to Exit 14. Go to end of ramp take a right onto CT-172 N/S Britain Road. At the first light take a right onto Main Street South (Route 6). Pass through 2 traffic lights and take a left into Riverview Plaza. Office is around the back, behind Alliance Medical, Suite 7LL.

FROM THE EAST

Take I-84 West to Exit 14. Go to the end of the ramp, turn left onto CT-172 N/S Britain Road. At first traffic light turn right onto Main Street South (Route 6). Pass through 2 traffic lights and take a left into Riverview Plaza. Office is around the back, behind Alliance Medical, Suite 7LL