

## Exam Preparations

- Mammography** Exam screening time 15-30 minutes. Diagnostic exam time 1 hour, and may require ultrasound. No deodorant, powders or perfumes. For patient comfort only, no caffeine for 72 hours.
- CT Scan\*** Time 30-60 minutes. Weight limit 350lbs.
  - Extremities, spine, abdomen and pelvis without contrast require no prep.
  - All other CT Scans - patient must have nothing by mouth 4 hours before exam. Sips of water and necessary medicine are ok.
- DEXA** Exam time 30 minutes. No prep necessary.
- IVP\*** Exam time 1-2 hours. Nothing to eat or drink four hours prior to the exam.
- Ultrasound** Exam time 30 - 60 minutes.
  - Obstetrical First trimester only - Drink 32oz. of liquid and finish drinking 1 hour before exam. Do not urinate until the exam is complete.
  - Pelvic -Drink 32oz. of liquid and finish drinking 1 hour before exam. Do not urinate until the exam is complete.
  - Abdomen -(Gallbladder, Pancreas, Aorta) - Eat a fat free dinner the evening before the exam. Only water after midnight.
  - Neck, chest, breast, extremities and vascular require no prep.
- MRI (3T or Open)\*** Exam time 20-60 minutes. Weight limit for 3T is 550 lbs and 400 lbs for Open. There are a few safety issues related to the magnetic field with certain patients. Please complete the following checklist with the patient prior to scheduling. If any of the answers are yes, bring these to the attention of the scheduler upon calling.  
SAFETY QUESTIONAIRE  
YES NO
  - Does the patient have a pacemaker? (Patients with pacemakers may not be scanned)
  - Has the patient ever received an injury to the eye or body involving metal fragments?  
If yes have they had an MRI since initial injury? \_\_\_\_\_
  - Has the patient ever had any type of surgery? Type \_\_\_\_\_
  - Does the patient have an implant, prosthesis, stents or orthopedic hardware? Type \_\_\_\_\_
  - Is the patient claustrophobic? Weight \_\_\_\_\_ pounds Height \_\_\_\_\_
  - Does the patient have a history of renal failure, diabetes, or high blood pressure?

\* CONSULT YOUR DOCTOR IF YOU ARE RECEIVING CONTRAST AND HAVE KIDNEY FAILURE OR RENAL INSUFFICIENCY

### DIRECTIONS:

#### **Women's Imaging Center** **32 Poverty Road • Suites B-C, Southbury, CT 06488**

##### **From the East:**

Take I-84 West to Exit 15. Go to the end of ramp, turn right onto Main Street (Route 6). At first traffic light turn left onto Main Street South. At the first traffic light, turn right onto Poverty Road. Our office is the third driveway on the right, across from Bennett Square.

##### **From the West:**

Take I-84 East to Exit 15. Go to the end of ramp, turn left onto Main Street (Route 6). At second traffic light, turn left onto Main Street South. At the first traffic light, turn right onto Poverty Road. Our office is the third driveway on the right, across from Bennett Square.

#### **Southbury MRI Office** **690 Main Street South • Suite 7LL, Southbury, CT 06488**

##### **From the East:**

Take I-84 West to Exit 14. Go to the end of the ramp, turn left onto CT-172 N/S Britain Road. At first traffic light turn right onto Main Street South (Route 6). Pass through 2 traffic lights and take a left into Riverview Plaza. Office is around the back, behind Alliance Medical, Suite 7LL

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#### **Diagnostic Radiology Associates** **Turnpike Office Park, Lower Level** **1579 Straits Turnpike, Middlebury, CT 06762**

##### **From the West:**

**I-84 East: Exit 17 (Middlebury/Naugatuck)** At end of the exit ramp, turn Left (Route 63 North). Travel 1.2 miles then turn Left (Turnpike Office Park.) Enter building through glass archway. Take elevator to the Lower Level.

##### **From the East:**

**I-84 West: Exit 17 (Middlebury/Naugatuck)** At the first light, turn Right (Route 63 North). Travel 0.7 miles then turn Left (Turnpike Office Park.) Enter building through glass archway. Take elevator to the Lower Level.

##### **From the South:**

**Route 8 North. Merge onto I-84 West (Exit 33). Take I-84 West to Exit 17 (Middlebury/Naugatuck).** At the first light, turn Right (Route 63 North). Travel 0.7 miles then turn Left (Turnpike Office Park.) Enter building through glass archway. Take elevator to the Lower Level.

##### **From the North:**

**Route 8 South. Merge onto I-84 West (Exit 33). Take I-84 West to Exit 17 (Middlebury/Naugatuck).** At the first light, turn Right (Route 63 North). Travel 0.7 miles then turn Left (Turnpike Office Park.) Enter building through glass archway. Take elevator to the Lower Level.