

## Exam Preparations

- Barium Swallow** No prep.
- Upper GI** Nothing to eat or drink 12 hours before exam. Exam time 1-2 hours.
- Small Bowel Series** Exam time varies 2-6 hours. Nothing to eat or drink 12 hours before exam.
- Barium Enema** Exam time 2 hours.
  1. Fleet prep kit #1 from your local pharmacy (use 24 hour prep).
  2. Please follow the 24 hour prep exactly.Consult your Doctor for prep if you have kidney failure.
- Mammography** Exam screening time 30-45 minutes. Diagnostic exam time 1 hour, and may require ultrasound. No deodorant, powders or perfumes. For patient comfort only, no caffeine for 72 hours. For patient comfort, screening exam can be scheduled two weeks after menstrual period.
- Ultrasound** Exam time 30 - 60 minutes.
  - Obstetrical First trimester only - Drink 32oz. of liquid and finish drinking 1 hour before exam. Do not urinate until the exam is complete.
  - Pelvic - Drink 32 oz. of liquid and finish drinking 1 hour before exam. Do not urinate until the exam is complete.
  - Abdomen -(Gallbladder, Pancreas, Aorta) - Eat a fat free dinner the evening before the exam. Only water after midnight.
  - Neck, chest, breast, extremities and vasular require no prep.
- CT Scan** Time 30-60 minutes. weight limit 350 lbs.
  - Extremities and spine require no prep.
  - All other CT Scans - patient must have nothing by mouth 4 hours before exam.
- IVP** Exam time 1-2 hours. Nothing to eat or drink the morning of the exam.
- OPEN MRI** Exam time 60 minutes. No prep necessary. Weight limit 450 lbs.
- DEXA** Exam time 30 minutes. No prep necessary.

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## DIRECTIONS:

### Diagnostic Radiology Associates Turnpike Office Park 1579 Straits Turnpike (Route 63) Middlebury, CT 06762

**From Route 8 South: (Coming from Torrington)** Take Exit 33 Onto 84 West (towards Danbury). At light take right onto Route 63, Straits Turnpike. We are 1/2 mile up on the left side (there is a sign at the front of the driveway Turnpike Office Park.)

**From Route 8 North: (Coming from Shelton/Derby)** Exit 33 onto 84 West. Exit 17 off 84 West. At light take right on to Route 63, Straits Turnpike. We are 1/2 mile up on the left side (there is a sign at the front of the driveway Turnpike Office Park.)

**From 84 West: (From Hartford)** Exit 17. At light take right on to Route 63, Straits Turnpike. We are 1/2 mile up on the left side (there is a sign at the front of the driveway Turnpike Office Park.)

**From 84 East: (From Danbury)** Exit 17. At light take left on to Route 63, Straits Turnpike. We are 1/2 mile up on the left side (there is a sign at the front of the driveway Turnpike Office Park.)

### Diagnostic Radiology Associates Imaging Partners 134 Grandview Avenue • Waterbury, CT 06708

**From CT-84/E:** Via ramp on the left toward Waterbury, take the Chase Parkway Exit 18, turn slight right onto Chase Parkway. Turn right onto West Main Street, turn left onto Grandview Avenue.

**From CT-84/W:** Take Highland Avenue Exit 18 towards West Main Street, turn slight left onto Buffalo Street, turn right onto West Main Street, turn Left onto Grandview Avenue.

**From Route 8/S:** CT-8 S toward Waterbury, Take Riverside Street Exit 32 on the left toward I-84 W. Stay straight to go onto Riverside Street, turn left onto Freight Street, Turn left onto Riverside Street, turn left onto West Main Street, urn right onto Grandview Avenue.

**From Route 8/N:** CT-8 N toward Waterbury, Take Exit 32 toward Downtown Waterbury. Stay straight to go onto Riverside Street, Turn left onto West Main Street, turn right onto Grandview Avenue.

### Valley Imaging Partners Crosspoint Plaza 799 New Haven Road (Route 63) • Naugatuck, CT 06770

**From Route 8 South:** Take Exit 26 onto CT-63/S. Main Street/Bethany, Turn left onto CT-63, Crosspoint Plaza approx. 1 mile on the right.

**From Route 8 North:** Take Exit 25 Cross Street, turn right onto Cross Street. Turn right onto C-63/New Haven Road. Crosspoint Plaza on the right.